



Understanding Your 2022 Benefits

Changes and Options You'll See During Open Enrollment

Presented by





Who is BenefitEdge Insurance?

- We are the Benefits Broker for your Medical, Dental, Vision, Life, and disability insurance plans and we can help with FSA and HSA questions
- We will work in support of HR to resolve any benefits related issues throughout the year





BenefitEdge Insurance Services, Inc.

(888) 995-EDGE (3343)

(408) 995-EDGE (3343)

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VALIC AIG

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dawn.pugh@aig.com





Servicing Reminder for 2022 Website:

www.mcsihr.com

Email:

mcsi@benefitedge.net







HOME MEDICAL HSA DENTAL VISION LTD/STD LIFE EAP LTC COLONIAL BENEFITS SUMMARY CONTACT US

Welcome

Milpitas Christian Schools is proud to provide the following excellent benefits package that includes medical, dental, vision, life insurance, long-term disability, short-term disability, long-term care, 403(b), and many other benefits. We know that you will find these benefits plans to be a great fit and design for the health care needs and well-being of you and your family.

Each tabbed section above includes information about your plans, such as the description for each carrier option, carrier links to search for a provider, facility, or doctor, and other pertinent information.

The 'quick links' section to the right lists valuable resources and information you will find useful regarding additional company policies, notices, and various forms. If you have any questions or need assistance in choosing the best benefit option or completing your applications, please feel free to contact Human Resources or BenefitEdge Insurance at (408) 995-3343.

Quick Links

- » EMPLOYEE HANDBOOK
- » OPEN ENROLLMENT
- » FORMS
- » HOLIDAY SCHEDULE
- » PAYROLL CALENDAR
- » REQUIRED NOTICES



T: 408.995.3343 or 888.995.3343 | eFax: 408.413.1983 © 2009 BenefitEdge Insurance Services





General Information

- This is our open enrollment period and your opportunity to make changes to your plans.
- > Any requested changes after open enrollment will require a "qualifying event".
- Any changes will take effect on July 1, 2022.





Medical Insurance Changes 2022

- All carriers will remain Kaiser, HealthNet, Guardian, Unum (Colonial is leaving)
- Small increase on all plans, but GF HealthNet plan
- Minor plan changes on a few plans
- HSA deposit will remain at \$100/month
- HSA and FSA IRS limits increasing

When an employee leaves an HSA medical plan, the HSA monthly fee will be the responsibility of the employee to pay





Medical Insurance - HMO

- Kaiser plan, you have to use their facilities
- ➤ HealthNet HMO You must use a primary care physician (PCP) for each of your family members
- ➤ Your PCP will provide all of your routine care and with a few exceptions, must provide a referral in order for you to receive care from a specialist









Medical HMO		Health Net	
Plan Status	Non-Grandfathered	Non-Grandfathered	Grandfathered
Group #	602272	J9514A	B1002A
Plan	Platinum HMO 10	WholeCare HMO 20	HMO 35
Deductible	None	None	None
	Physician's Office Care		
Office Visit / Specialist	\$10 / \$20	\$20 / \$40	\$35
Adult Preventive Care	No charge	No charge	\$35
Well Baby Care	No charge	No charge	\$0 (\$35 after 2 yrs)
Labs and Xrays	\$20-\$40	\$20 - \$150	No Charge
Chiropractic/Acu	\$15 copay/20/yr	N/A	N/A
	Prescription Drugs (Mail Order 2 times copay – 90-100 days supply)		
Generic	\$5 (\$10)	\$5 (\$10)	\$15 (\$30)
Brand Name	\$15 (\$30)	\$30 (\$60)	\$200 ded, then \$30 (\$60)
	Hospital Care		
Urgent Care	\$10	\$40	\$50
In-Patient Services	\$500 per admit	\$350 / Day (3 day max)	30%
Out-Patient Services	\$300	\$200 - \$500 Copay	30%
Hospital Emergency	\$200	\$200 Copay	\$100 Copay
	Maximum Out-of-Pocket		
Individual	\$3,000	\$2,500	\$4,000
Family	\$6,000	\$5,000	\$8,000
Max. Lifetime Benefit	Unlimited	Unlimited	Unlimited







Medical Insurance - PPO

- ➤ HealthNet With the PPO plan you can see any doctor of your choice and will save money using a contracted provider
- ➤ You have access to a larger network of doctors and it also allows you to use non-contract physicians at a reduced coverage level
- ➤ You do not need a referral to use a specialist. You may "self direct" your care as needed
- > Deductibles reset every year on January 1st







Medical PPO	HealthNet PPO Silver
Plan Status	Non-Grandfathered
Group #	K9557A
Plan	Silver \$50 / \$2,250
Deductible Single	\$2,250
Deductible Family	\$4,500
Physician's Office Care	Physician's Office Care
Office Visit / Specialist	\$50 / \$85
Adult Preventive Care	No Charge
Well Baby Care	No Charge
Labs and Xrays	\$50 - \$85
Chiropractic / Acupuncture	\$50 - \$85
	·
Prescription Drugs	(Mail Order 2 times copay – 90 days supply)
	·
Prescription Drugs	(Mail Order 2 times copay – 90 days supply)
Prescription Drugs Generic	(Mail Order 2 times copay – 90 days supply) \$17 (\$34)
Prescription Drugs Generic Brand Name	(Mail Order 2 times copay – 90 days supply) \$17 (\$34) \$300 ded, then \$70 (\$140)
Prescription Drugs Generic Brand Name Hospital Care	(Mail Order 2 times copay – 90 days supply) \$17 (\$34) \$300 ded, then \$70 (\$140) Hospital Care
Prescription Drugs Generic Brand Name Hospital Care Urgent Care	(Mail Order 2 times copay – 90 days supply) \$17 (\$34) \$300 ded, then \$70 (\$140) Hospital Care \$50 (ded waived)
Prescription Drugs Generic Brand Name Hospital Care Urgent Care In-Patient Services	(Mail Order 2 times copay – 90 days supply) \$17 (\$34) \$300 ded, then \$70 (\$140) Hospital Care \$50 (ded waived) 30% after ded
Prescription Drugs Generic Brand Name Hospital Care Urgent Care In-Patient Services Out-Patient Services	(Mail Order 2 times copay – 90 days supply) \$17 (\$34) \$300 ded, then \$70 (\$140) Hospital Care \$50 (ded waived) 30% after ded 30% after ded
Prescription Drugs Generic Brand Name Hospital Care Urgent Care In-Patient Services Out-Patient Services Hospital Emergency	(Mail Order 2 times copay – 90 days supply) \$17 (\$34) \$300 ded, then \$70 (\$140) Hospital Care \$50 (ded waived) 30% after ded 30% after ded 30% after ded
Prescription Drugs Generic Brand Name Hospital Care Urgent Care In-Patient Services Out-Patient Services Hospital Emergency Maximum Out-of-Pocket	(Mail Order 2 times copay – 90 days supply) \$17 (\$34) \$300 ded, then \$70 (\$140) Hospital Care \$50 (ded waived) 30% after ded 30% after ded 30% after ded Maximum Out-of-Pocket





Health Savings Account (HSA)

2 Parts

1. A High Deductible, IRS Approved Health Plan

All medical services received until the deductible has been met are at full cost





2. A Health Savings Account (Bank Account)

Used to cover all IRS approved medical Expenses (e.g. for the deductible)









Medical HSA	Kaiser	
Group #	602272	
Plan	Silver HSA 2500	
Deductible Single	\$2,500	
Deductible Family	\$5,000 (\$2,800 individual)	
	Physician's Office Care	
Office Visit Copay	20% after deductible	
Adult Preventive Care	No charge	
Well Baby Care	No charge	
Labs and Xrays	20% after deductible	
	Prescription Drugs	
Generic	20% after deductible	
Brand Name	20% after deductible	
	Hospital Care	
Urgent Care	20% after deductible	
In-Patient Hospital	20% after deductible	
Out-Patient Services	20% after deductible	
Hospital Emergency	20% after deductible	
	Maximum Out-of-Pocket	
Individual	\$6,850	
Family	\$13,700	
Max. Lifetime Benefit	Unlimited	







Medical HSA	HealthNet Bronze HSA	
Plan Status	Non-Grandfathered	
Group #	K9558A	
Deductible Single	\$7,000	
Deductible Family	\$14,000	
Physician's Office Care	Physician's Office Care	
Office Visit / Specialist	0% after deductible	
Adult Preventive Care	No Charge	
Well Baby Care	No Charge	
Labs and Xrays	0% after deductible	
Chiropractic	0% after deductible	
Prescription Drugs	(Mail Order 2 times copay – 90 days supply)	
Generic	0% after deductible	
Brand Name	0% after deductible	
Hospital Care	Hospital Care	
Urgent Care	0% after deductible	
In-Patient Services	0% after deductible	
Out-Patient Services	0% after deductible	
Hospital Emergency	0% after deductible	
Maximum Out-of-Pocket	Maximum Out-of-Pocket	
Individual	\$7,000	
Family	\$14,000	
Max. Lifetime Benefit	Unlimited	





Health Savings Account (HSA)

- Funds are deposited into the HSA bank account through Optum Bank
- Funds deposited and not used remain in your account and they roll over every year
- Your HSA funds can be used for any medically necessary expenses per IRS rules.







Health Savings Account (HSA)

How do you deposit funds into the account?

- ➤ MCS will fund \$100 per month into your HSA bank account
- Employees may contribution pre-tax through payroll deductions







MCS Contribution <u>Annually</u>

Health Savings Acct	MCS Contribution
Employee	\$1,200







Health Savings Account (H.S.A.)

Who is Eligible?

➤ Members covered by an HSA-compatible, IRS approved plan (HealthNet or KAISER HSA Medical Plan)

Who is Not Eligible?

- Anyone enrolled in Medicare
- > If you are claimed on someone else's tax return







APPENDIX: SAMPLE OF HSA QUALIFIED EXPENSES (Short List)

Rule: Medically necessary (not cosmetic)

Source: http://www.irs.gov/publications/p502/index.html

Acupuncture

Chiropractic

Blood tests

Blood transfusions

Contact Lenses

Dental, Dental X-rays, Dentures

Orthodontics

Drugs (prescription)

Eyeglasses

Gum treatment

Hearing aids

Hospital bills

Insulin

Lab tests

Lasik

Optometrist

Oral surgery

Prenatal care

Psychotherapy

Vaccines

Vitamins (if prescribed)

X-rays

***Also pays for COBRA, long term care and Medicare part B & D premiums.







Accessing Funds

- Signature Based Debit Visa CardReceived 2-3 weeks after account set up
- Online Access Track deposits, balances, and claims
- Once your account reaches a certain balance, you may be contacted by the bank to invest









Health Savings Account Limits

HSA Deposit Limit Per IRS Code		
2022 Plan Year IRS Annual Limit		
Employee	\$3,650	
Family (2 or more)	\$7,300	
Catch-up (55 or older)	\$1,000	

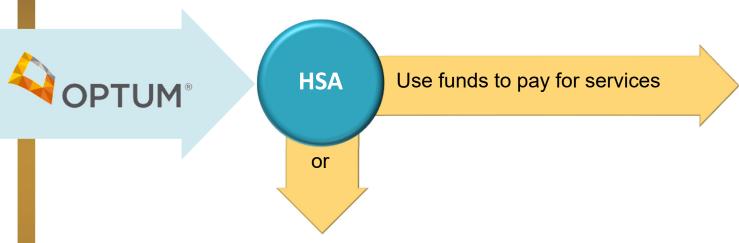
HSA Deposit Limit Per IRS Code		
2023 Plan Year	Estimated IRS Annual Limit	
Employee	\$3,700*	
Family (2 or more)	\$7,400*	
Catch-up (55 or older)	\$1,000*	

> IRS limits INCLUDE the employer contribution









Let funds accumulate

- use for future medical expenses
- transfer to investment account
- save for supplemental income in retirement

Medical Plan

- Deductible
- Coinsurance

Plan pays 100% after out-of-pocket maximum is reached







Triple Tax Savings

- Deposits are made pretax through paycheck
- 2. HSA money is spent without sales tax on medical items
- 3. Balance grows tax-free (federal not state)







HSA Comparison

Items for Consideration before making a change:

- Your monthly contributions from your paycheck
- Amount you typically spend out of pocket on your medical expenses per year
- Medical BRAND prescriptions deal breaker
- Medical plan out-of-pocket maximums





Simple Tips to Save Money

- ➤ Mail Order 3 times the supply for 2 times copay
- ➤ Urgent Care Providers Locate the nearest UC center. \$10-\$50 copay vs \$200 to \$1,000 or higher, depending on plan
- ➤ If an Rx is prescribed, ask your doctor if a generic drug is available





Hospital Admittance

- ➤ As a reminder, MCS will provide \$500 towards a hospitalization visit
- > This is allowed one time per year







Please Register - www.kp.org

- Review claims and plan design
- > Refill Rx, search cost
- Email your doctor's office
- Look up most lab results
- Act for a family member
- Download Kaiser's app

* Each family member (18 and over) will need to register for their own account







Please Register – <u>www.healthnet.com</u>

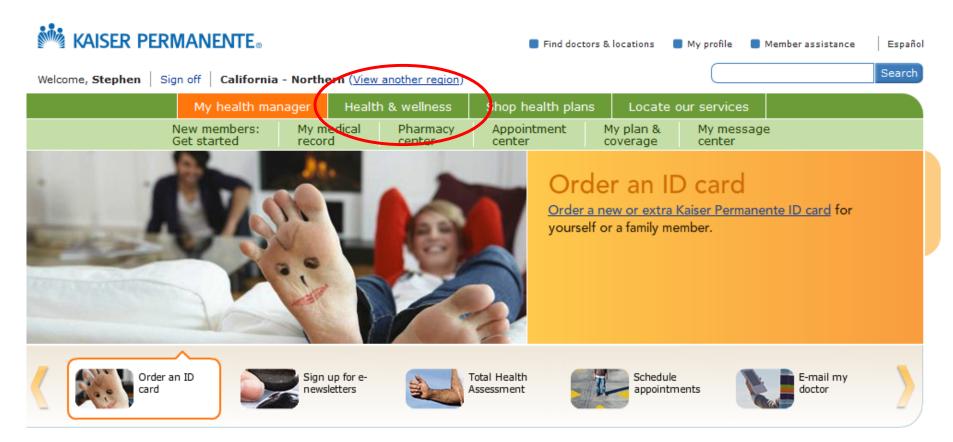
- Review claims and plan design
- > Refill Rx, search cost
- > Act for a family member
- Download HealthNet's app

* Each family member (18 and over) will need to register for their own account





Wellness Program



My message center

Exchange secure e-mail with your doctor's office in my message center. You also can go there to contact our Member Services and Web manager.

Appointment center

Wondering if you should book a visit?

Consult our <u>interactive symptom checker</u>, or go straight to scheduling in the <u>appointment center</u>.

My medical record

View your past visit information, plus get your latest test results, immunizations, health care reminders, and more in my medical record.





Wellness Program





Call it quits



Total health assessment



Video



Symptom checker



>

Live healthy

One site says you need to drink more water. Another says you don't. Why click around? Get <u>physician-reviewed health information</u> and online tools right here.

Averigüe cómo <u>vivir una vida más</u> saludable.

Programs and classes

Ready for a change? Take <u>healthy</u> <u>lifestyle programs</u> with online coaching. Get <u>special rates</u> on complementary care services. Or sign up for <u>classes</u> from childbirth to stress relief.

Tome programas para una vida sana. Encuentre clases para la salud en su localidad.

Conditions and diseases

Not feeling like yourself? Learn about common conditions in our <u>health guides</u>, or use our <u>interactive symptom checker</u>. Also explore our 5,000-topic <u>health</u> encyclopedia.

Aprenda acerca de los <u>problemas de salud</u> <u>comunes</u>, o explore nuestra <u>enciclopedia</u> <u>de la salud</u>.

Drugs and natural medicines

Get the facts on the prescriptions in your medicine chest and the vitamins in your kitchen with our <u>drug and natural</u> medicine resources.

Aprenda acerca de sus medicamentos con nuestra <u>enciclopedia de medicamentos</u>.





Wellness Programs

Kaiser (Healthy LifeStyles) & HealthNet

- Complete Health Risk Assessment
- Health Coaches
- Setup exercise Program
- Healthy Eating
- Disease Management
- > Stress Management







Dental Carrier – Guardian PPO

- ➤ Calendar year annual maximum is \$2,000 In Network and Out-of-network.
- Preventive services are covered at 100%
- > \$50 deductible for basic and major services
- Orthodontia benefit for Adult and Children
- Rollover benefit on top of your annual max







	Guardian Denta	l, Group # 458105
Benefits	Preferred Provider	Non-Contract Provider
Annual Maximum	\$2,000	
Calendar Year Deductible	\$50	\$75
Preventive Services:	100%	100% *
Exam, X-rays, Cleaning	100 /6	
General/Basic Services:	90%	80% *
Fillings, Endo, Perio	90 /0	
Major Services:	60%	50% *
Crowns, Bridges, Dentures	00 /0	
Orthodontic Services: 50%	Orthodontics Lifetime Maximum	
Child and Adult	\$2,000	
Rollover: Limit \$1,500	\$800 Threshold, \$400 to \$600 rollover each yea	

* Subject to UCR (Usual, Customary, Reasonable)







PPO Dental Insurance – Guardian

- ➤ Fees average 25% to 30% less for using a contracted provider
- Annual maximums can stretch further
- Less cost out-of-pocket
- Example: Root Canal, Molar Tooth

In-network \$754 - \$958

Out-of-network \$1,016 - \$1,350







Guardian - Rollover

- A portion of your unused annual maximum can rollover to the following year
- Make sure to go in for at least one cleaning each year and spend under the threshold and Guardian will add additional funds into a rollover account the next year
- Check your rollover in March







College Tuition Benefit - \$526,000

You can use your College Tuition Benefits Rewards at over 400 private colleges and universities across the nation

- ➤ You will receive 2,000 rewards for each year you have Guardian Dental Plan benefits
- ➤ Each Tuition Reward point equals a \$1 tuition reduction
- ➤ Tuition Rewards can be given to your relatives including children, nephews, nieces, and grandchildren
- ➤ Check your account or self-register using the site below before the child reaches the 11th grade

www.Guardian.CollegeTuitionBenefit.com









	Guardian VSP,	Group # 458105
Benefits	Contract Provider	Non-Contract Provder
Exams	\$10	\$10 + max \$39
Materials	\$25	\$25
Lenses		
Single Vision	100%	\$23
Bifocal	100%	\$37
Trifocal	100%	\$49
Contacts		
Cosmetic	\$130	\$100
Frames	\$130 + 20% disc.	\$46
	Benefit Frequency	
Exam	Every 12 Months	
Lenses	Every 12 Months	
Frames	Every 24 Months	

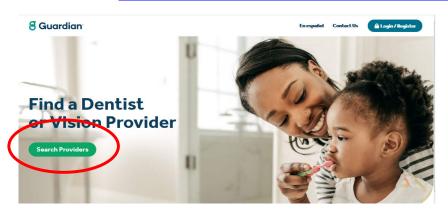


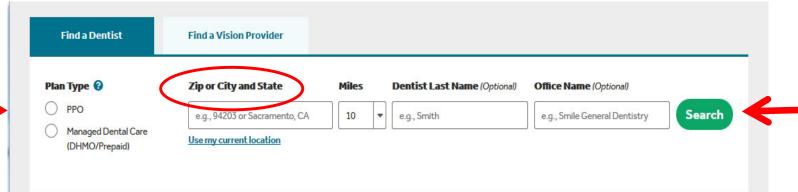




Finding a Dentist is easy than ever

Go to www.guardiananytime.com at top click 'find a provider'











Life Insurance - Guardian

Life Insurance	Guardian Life, Group # 458105
Core Basic Life & AD&D	\$25,000
The Benefit is Paid by MCS	







LTD and STD - Guardian

Long Term Disability	Guardian, Group # 458105
LTD Benefit %	60% of Pre-disability Earnings
Maximum Monthly Benefit	\$6,000 a month
Elimination Period	180 Days
Short Term Disability	Guardian, Group # 458105
STD * Benefit	66% to a maximum of \$1,000 per week
Benefits Begin - Duration	8th day to 24 weeks
LTD 100% Paid by MCS. *STD is for admin staff only	



□ Drugs & alcohol





Employee Assistance Program

Confidential Resource

- ➤ Unlimited phone calls with a counselor 800-386-7055
- ➤ Referrals to local counselors up to 3 sessions free
- Website for help www.ibhworklife.com

Education	Dependent Care & Care Giving	Legal and Financial
□ Admissions testing & procedures	□ Adoption Assistance	□ Basic tax planning
□ Adult re-entry programs	□ Before/after school programs	□ Credit & collections
□ College Planning	□ Day Care/Elder Care	□ Debt Counseling
□ Financial aid resources	□ Elder care	□ Home buying
□ Finding a pre-school	□ In-home services	□ Immigration
Lifestyle & Fitness Management	Working Smarter	
□ Anxiety & depression	□ Career development	
□ Divorce & separation	□ Effective managing	

Username: Matters Password: wlm70101





Support Apps

















Register & Login

See Messages
Appointments
Pharmacy
Medical Record











Register & Login

Search for Providers
Pharmacy Search
View your ID Card
Medical Record







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Houston,	TX 77005			>
Plan Type	0			
O Mar	naged Denta	al Care (DH	1O/Prepaid	i)
O PPC)			
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Distance i	miles			
2	5	10	20	50
Dentist La	st Name (O	ptional)		
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e.g., Smit	th ne (Optiona	l) Dentistry		
e.g., Smit Office Nan e.g., Smit	he (Optiona th General	Dentistry		

Register & Login

Search for Providers
View your ID Card







Long Term Care Insurance

- > Covers expenses in the event you are disabled and need assistance with the functions of daily life
- ➤ Base plan provided by Milpitas Christian School after 10 years of service
- ➤ You can increase the coverage level on a voluntary basis and contribute the difference in premium
- ➤ You may also purchase voluntary coverage prior to your 10 year anniversary
- Available for adult family members in your immediate family.





Colonial – Enrollments Grandfathered

If currently enrolled in a Colonial Plan you can remain enrolled	
	Short Term Disability
	Cancer Assist
Colonial Life	Critical Illness
Colonial Life.	Accident
The benefits of good hard work:	Life Insurance (with LTC)
	Medical Bridge
	Supplemental Dental

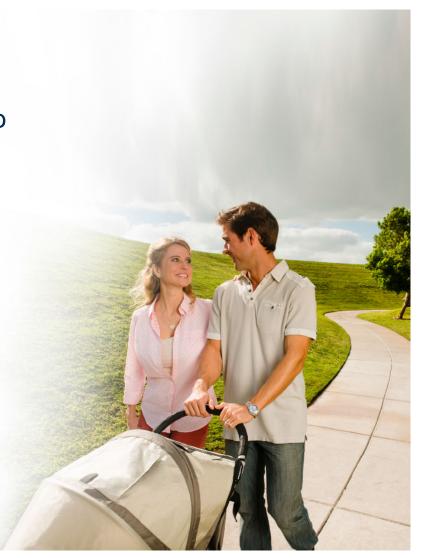






You need LegalShield.

- LegalShield gives you the ability to talk to a lawyer on any personal legal matter without worrying about high hourly costs.
- For one flat monthly fee, you can access legal advice, no matter how traumatic or trivial the issue.
- Under the protection of LegalShield you and your family can live your life on your terms worry-free, every day, every night.









Who's covered

- The member
- The member's spouse
- Never-married dependent children under age
 26 living at home
- Dependent children under age 18 for whom the member is legal guardian
- Full-time college students up to age 26;
 never married, dependent children
- Physically or mentally disabled children living at home









Identity Theft...

Identity theft is repeatedly the #1 consumer complaint category in America.

Identity theft manifests itself in many different ways:

- Credit fraud
- Social Security fraud
- Driver's License fraud
- Medical fraud
- Criminal/Character fraud









Legal Shield and Identity Theft Cost

- Legal Shield \$7.98 per check
- ➤ Identity Theft \$6.48 per check
- ➤ Both together \$12.95 per check

www.legalshield.com

To enroll please complete the LegalShield enrollment form







Health Care Flexible Spending Account Contributions

\$2,850 Maximum Annual Contribution, **\$100** Minimum

Eligible Expenses: Unreimbursed medical, dental, and vision expenses not covered by your health plan

Examples of Eligible Expenses: Deductibles, coinsurance, copays, prescriptions, vision, chiropractic

Dependent Care Flexible Spending Account Contributions

\$5,000 Maximum Annual Contribution, **\$100** Minimum

\$2,500 Maximum Annual Contribution for married individual filing separately

Eligible Expenses: Eligible dependent care expenses

Examples of Eligible Expenses: <u>Daycare before or after school</u>, nanny, nursery, fees, elder care

Examples of Non Eligible Expenses: Tuition, Transportation, Activity fees, Field trips, Overnight Camps





Medical FSA

- ☐ Your entire Medical FSA election will be available on the first day of the plan year
- ☐ You can use the FSA funds for eligible medical expenses provided for you, your spouse, and any dependents
- ☐ You can use the debit card to pay for expenses or submit claims for reimbursement





Dependent Care FSA – Handled through MCS

- ☐ The Dependent Care FSA is a "cash balance" account
- □ Once your balance is high enough, you can submit claims to be reimbursed for Dependent Care expenses
- ☐ Care must be for dependent children under age 13 or an adult dependent incapable of self-care
- □ Basis rule is that dependent care must be so that you can work and payable to anyone





Flexible Spending Account - FSA Grace Period

- ☐ There is a two-and-a-half-month grace period (2 1/2 months) to incur claims and/or expenses from your medical and dependent care FSA from the prior year. (Until September 15th)
- ☐ You can submit claims for reimbursement up to September 30th.







Flexible Spending Account - FSA Limited Purpose FSA

- ☐ If you are enrolled in an HSA, the FSA becomes limited in purpose
- ☐ The limited purpose medical FSA can only be used for dental and vision expenses
- ☐ Keep in mind that if you do not use the money in the limited purpose medical FSA, you will lose it.









www.goigoe.com









Sign On to View Your Plans

Enter your username and password to securely sign on and manage your Igoe Ad accounts.

Username	
Email Address	Remember Me
Password	
Sign On	Username/Password Help

Don't have a username and password? Register your Account Now







www.goigoe.com

ADMINISTRATIVE SERVICES Home Participants Employers Brokers | Contact Us | Careers | About Us | Spending Accounts COBRA Resources Get Forms Home > My Spending Accounts > Spending Account > Spending Account Resources Sign On Healthcare FSA Tools & Calculators Navigation Use our tools and calculators to make an informed decision about FSAs and which expenses are eligible. **HSA Resources** ■ FSA Resources How Much Eligible FSA Video Library to Contribute **FSA Expenses FSA Tools and Calculators** FSA Forms and Online Resources FSA Frequently Asked Questions **HRA Resources How Much to Contribute** Eligible FSA Expenses Determine your tax savings View the eligible and 0 FSA Tools & Calculators with our healthcare FSA Tax ineligible healthcare FSA Savings calculator expenses How much should I contribute? Discover FSA Eligible Eligible Expenses **SHOP NOW** Products! FSA Store Save \$10 off with code: INTRODUCING **HSAIGOE ✓ HSA** Store **Shop Now**







www.goigoe.com

Transportation/Commuter - FSA Contributions

\$280 Maximum Monthly Contribution

Eligible Expenses: BART, Bus, Muni, Light Rail, Train, and Ferry Passes

Non-Eligible Expenses: Taxi Fares, Mileage, Bridge Tolls, FasTrak

Limits are set by the IRS









General Questions flex@goigoe.com (800) 633-8818, Option 1

Claims Submisson claims@goigoe.com

Debit Card Issues bcs@goigoe.com

Download the IGOE Mobile App





Thank you for your time.

Please make sure to submit your changes before May 13st to Mary.

We look forward to serving you and helping with any benefit related issues.

Please don't hesitate to call.





Don't forget, keep your cost low by:

- 1. Staying in-network for all your healthcare services. Remember you may be billed for unplanned costs
- Using the right level of healthcare at the right time, avoiding the emergency room when it make sense to do so
- 3. Getting your annual physicals, including age and gender appropriate services each year